

HYGIENE & PREP TECHNIQUES

Infection control practices must be a part of your normal routine in order for a makeup artist to project the image of professionalism.



The following tips will serve as a guideline that can help to keep your makeup area looking its best:

- Keep floors and workstations dust-free.
- Keep all work areas well-lit.
- Keep restrooms clean, including door handles.
- Provide toilet tissue, paper towels, liquid soap, properly disinfected soft-bristled nail brushes, and a container for used brushes in the restroom.
- Prohibit eating, drinking, and smoking in areas where services are performed.
- Empty waste receptacles regularly throughout the day.
- Never place any tools or implements in your mouth or pockets.
- Store clean disinfected tools in a clean, covered container. Clean drawers may be used for storage if only clean items are stored in drawers. Always isolate used implements from disinfected implements.
- Avoid touching your face, mouth, nose, or eye areas during services.
- Clean and disinfect all work surfaces after every client.
- Always properly wash your hands before and after each service.
- Use clean linens and disposable towels on clients.

YOUR PROFESSIONAL RESPONSIBILITY

Of the many responsibilities you have as a makeup professional, nothing is more important than protecting your client's health and safety. Never take shortcuts for cleaning and disinfecting; you cannot afford to skip steps or save money when it comes to safety!

It is your professional and legal responsibility to follow state and federal laws and rules.

PROPER HAND WASHING

Hand washing is one of the most important procedures in the infection control procedure and is required in every state before any service.

1. Turn on the water, wet hands, and then pump soap from a pump container onto the palm of your hand. Rub your hands together, all over and vigorously, until a lather forms. Continue for a minimum of 20 seconds.
2. Choose a clean, disinfected nail brush. Wet the nail brush, pump soap on it, and brush your nails horizontally back and forth under the free edges. Change the direction of the brush to vertical and move the brush up and down along the nail folds of the fingernails. The process for brushing both hands should take about 60 seconds to finish. Rinse hands in running water.
3. Use a clean cloth or paper towel, according to the salon policies for drying your hands.
4. After drying hands, turn off the water with the towel and dispose of the towel.